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there is a very attractive Naval Hospital, situated on a hill studded with stately pine trees, from which can be seen a beautiful panorama embracing snow-capped mountain ranges; Puget Sound, that picturesque inland sea with its irregular coast line, and the artistic towns built upon the hillside along the shore. In this pleasant environment fifteen congenial Navy nurses are endeavoring to do their "bit" working cheerfully in the wards, operating room, laboratory, or wherever they may be assigned by the most considerate of commanding officers.

The routine duties of a Naval Hospital are the same at all posts, we instruct the hospital corps men in the care of the sick, both practically and theoretically, in the same manner that we would teach pupil nurses in a civilian hospital, and the more conscientiously we do our duty as instructors, the larger the area over which our usefulness will spread, as these hospital corps men go forth to the battleships with the instruction which we have imparted to them, and are the nursing medium in saving numbers of lives. In leisure hours, some of our number study French, with "preparedness" as their motto; others are musically inclined, practising on the mandolin, ukelele, and other instruments; soon we may have a "Jazz" band of our own. Then the alluring attractions of the Sound, bathing, boating and fishing, help to enliven our spare moments.

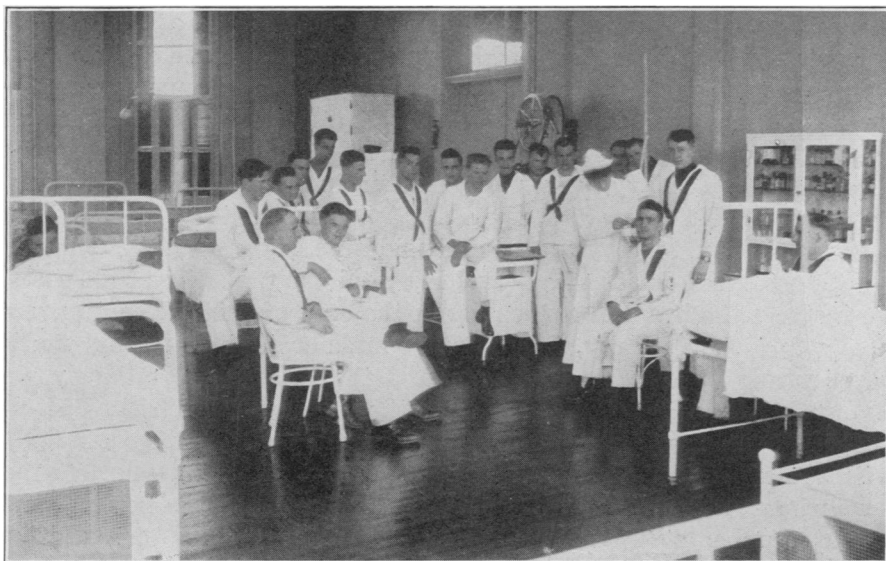
Entertainments are given at the Armory of the Navy Yard, where all may enjoy the best talent, and last, but not least, are the weekly dances chaperoned by the charming wife of the Commandant of the Navy Yard.

Why not join our merry company? The U. S. N. Nurses of Puget Sound Naval Hospital will give you a cordial greeting. Perhaps our work has not the stimulus of the unusual which may be found by the nurses who have gone "over there" but the service is just as creditable and just as necessary.

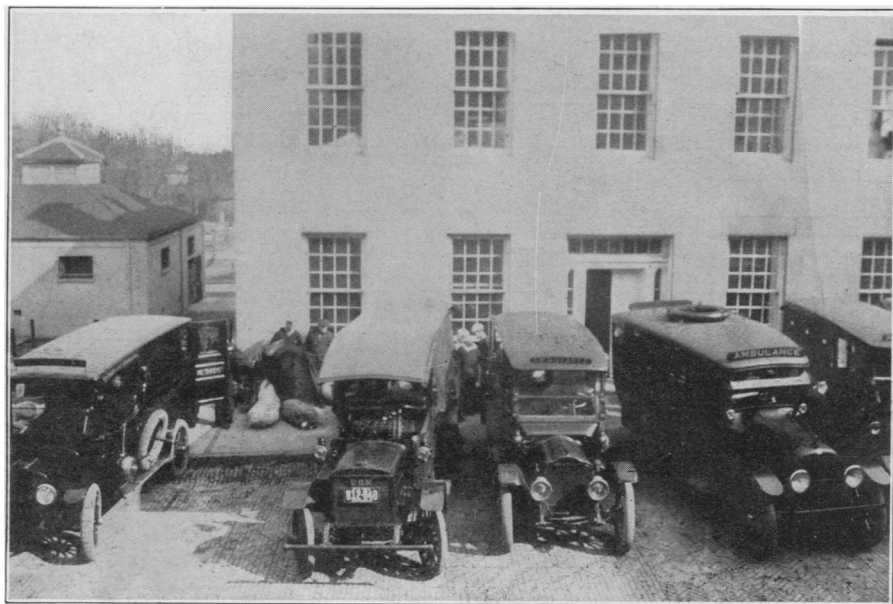
THE IMPRESSIONS OF A DIETITIAN IN THE NAVY

BY HARRIET S. GOULD

I was assigned to the Naval Training Camp, San Diego, Cal., on February 8 and I am enjoying every moment of my work. The ready, willing coöperation of the corps men makes work a pleasure, for every order in the diet kitchen brings the quick response "coming up" and a cheery obedience. A sense of humor in any one is the saving grace and it exists in large measure amongst the men and comes to the surface under the most trying circumstances, lightening many an irksome task; for instance, one of the boys said this morning: "Boy, I



Class of Hospital Corps Men, San Diego, Cal.



Receiving and Transferring Cases, Naval Hospital, San Diego, Cal.

have discovered how to enjoy swabbing the deck. Just imagine that each stroke is a lick at the Kaiser, that makes it go easy."

I find the men are infinitely gentle with any sick patient and no trouble is too great for his comfort, but for the slacker on the sick list in the Navy, as in any walk of life, there is very little sympathy and the men soon make him realize that he is "in the Navy now," where grumbling will not be tolerated and every man must cheerfully and thoroughly do his part.

I feel that any woman who is trained for active service and does not respond to her country's call, is losing one of the greatest privileges of her life; the opportunity of doing her bit in a vital way and the advantage of coming in contact with the splendid spirit of the men in the service are blessings for which one will always be thankful.

THE FORT BAYARD HOSPITAL FOR TUBERCULOSIS

BY MRS. E. C. HAMILL

Twin Falls, Idaho

Among the mountains of New Mexico, on an elevation of 6,300 feet above sea level, is situated the Fort Bayard Hospital. This is a large hospital for tuberculosis patients from the Army, the Navy, and the Soldiers' Homes all over the United States. The climate is perfect and the hospital is surrounded by most beautiful scenery. It is a very large place, comprising within its boundaries an officers' row, nurses' home, X-ray laboratory, officers' hospital and mess hall, two large hospitals for the enlisted men, an operating room, drug room, large dining hall and main kitchen, with a trained nurse in charge.

The female nurses are on duty in the hospital with the male nurses. Patients able to be up and about, living in tents and barracks, are cared for by the male nurses. Sleeping out of doors is encouraged, and the feeble patients at the hospitals have two beds each, one out of doors and one indoors, the latter used only during severe rain and sand storms. Patients have books, music, clubs, poolrooms, ball grounds, polo space, tennis courts and the recreation hall. Horseback riding, driving and hunting afford great pleasure, as do trips to the mining districts. The large copper flats located to the north glitter in the sun like a great sea of diamonds. Within a few miles are the silver, zinc, lead and iron mines. The great landmark is a rock resembling a kneeling nun.

When a patient is admitted to the hospital he is placed on light